

## \*Ankascin® 568-R For Blood Lipid Support

- Lipids are fat-like substances found in your blood and body tissues. Your body needs small amounts of lipids to work normally. An excess amount of blood lipids can cause fat deposits in your artery walls, increasing your risk for heart disease. LDL cholesterol, or “bad” cholesterol, is the main lipid that causes damaging buildup and blockage in your arteries. HDL cholesterol is actually a “good” type of cholesterol that helps to prevent cholesterol from building up in your arteries. Triglyceride is another lipid that may increase your risk for heart disease.
- Your total cholesterol should be less than 200.
- Your HDL cholesterol should be 40 or higher.
- Your LDL cholesterol should be less than 100. Ask your doctor.
- Your triglyceride level should be less than 150. Ankascin® is a definite must-have to support healthy levels of blood lipids



## \*Ankascin® 568-R For Healthy Blood Pressure Support

- Blood pressure is important because the higher your blood pressure is, the higher your risk of health problems in the future. If your blood pressure is high, it is putting extra strain on your arteries and on your heart. Over time, this strain can cause the arteries to become thicker and less flexible, or to become weaker. If your arteries become thicker and less flexible, they will become more narrow, making them more likely to become clogged up. If an artery becomes completely clogged up (known as a clot), this can lead to a heart attack, a stroke, kidney disease or dementia.
- More rarely, if an artery has become weakened, the extra strain may eventually lead to the artery bursting. This may also cause a heart attack or stroke
- Hypertension and cardiovascular complications are the leading causes of death worldwide. Antihypertensive drugs often cause various side effects, and improper use of antihypertensive medications can result in irreparable damage. Ankascin® 568-R possesses a number of functional secondary metabolites including the anti-inflammatory ingredients, Monascin and Ankaflavin which help lessen the strain on your arteries and heart by supporting healthy blood pressure and healthy blood lipid levels.



## \*Ankascin® 568-R For Healthy Blood Sugar Support

- Diabetes is a deceptive disease in that most people diagnosed with diabetes have probably had it for a number of years without knowing. The symptoms aren't obvious. The average blood sugar rises gradually and as it rises there is damage occurring throughout the body. Out of control blood sugar levels can lead to serious short term problems such as hypoglycemia, hyperglycemia, or diabetic keto-acidosis. In the long run, uncontrolled blood sugar can also damage the vessels that supply blood to important organs, like the heart, kidneys, eyes, and nerves. This can occur even when you feel OK. That's why it's so important to take action as soon as you're diagnosed with diabetes. Our bodies are amazing, but unfortunately once you have a heart attack or stroke, or your kidneys fail, or you become blind, the damage can't be undone. Ankascin® 568-R is your powerful tool to help keep your blood sugar levels in check.



## \*Ankascin® 568-R For Total Memory Support of Aging Adults

- Age remains the strongest risk factor for dementia, particularly for Alzheimer disease (AD). The incidence of AD approximately doubles every 10 years after the age of 60 years. Dementia is estimated to be present in one-half to two-thirds of nursing home residents. People with diabetes are also at least twice as likely to get Alzheimer's and that obesity alone increases the risks of impaired brain function. More than 115 million new cases of Alzheimer's are projected around the world. If the rate of Alzheimer's rises in lockstep with Type 2 diabetes, which has nearly tripled in the United States in the last 40 years, we will shortly see a devastatingly high percentage of our population with not only failing bodies but brains. Clinical trials on the Ankascin® 568-R INGREDIENT showed promising findings as to the ingredients' impact on Alzheimer's Disease, as metabolic syndrome has recently been studied as a contributing factor to the condition. At least two animal studies featuring laboratory rats induced with Alzheimer's Disease concluded that the Ankascin® ingredients can pass through the blood-brain barrier and reduce oxidative stress in the brain. Once in the brain, the substances were then found to inhibit acetylcholinesterase activity to maintain the nerve conduction material. Ankascin® 568-R is a powerfully potent supplement to have in helping improve various biomarkers for better brain health.



Ankascin® 568-R is a U.S. FDA-Approved New Dietary Ingredient (NDI)